



**Beware: only turn base after receiving a number in the sequence and the traffic to follow. Local circuit procedures as described in EHLE AD 2.22 Chapter 4.4. For description of general VFR-procedures see EHLE AD 2.22.**

**TMZ:**  
 ① MON-FRI before 0800 (0700) and after 1600 (1500), SAT, SUN, and HOL.  
 ② MON-FRI 0800-1600 (0700-1500), EXC HOL:  
 lower limit for non-motorised hanggliders and paragliders.  
 ③ MON-FRI 0800-1600 (0700-1500), EXC HOL: lower limit 1200 FT AMSL.  
**TMZ Schiphol Area:**  
 ④ For requirements and exemptions see ENR 1.2.

**Visual circuit marker**

DIRECTIONS ARE MAGNETIC  
 DISTANCES IN NM  
 ALTITUDES AND ELEVATIONS IN FEET AMSL  
 HIGHEST KNOWN ELEVATION  
 ON THIS CHART: 810

Area to be avoided  
 Bird sanctuary  
 (GND/MSL - 1000 FT AMSL)

TWR	135.180	Lelystad Tower
APP	123.680	Lelystad Delivery
FIC	134.530	Lelystad Arrival
FIC (MIL)	124.300	Amsterdam Information
ATIS	132.350	Dutch MIL Info
	120.730	AD Info

NW MILLIGEN TMA B	FL 065
D	FL 055
E	FL 055
	1500 AMSL

